

Stroup's Gymnastics School

"Self-Esteem Through Movement"

1385 Kiantone Road
P.O. Box 2081
Jamestown, New York 14701

Phone: (716) 665-8081
Email: StroupsGym@wildblue.net
Website: www.StroupsGym.com

Master Schedule

September 2008 – June 2009 Season

Tots and Company

(18 months – 3 years)

Must be accompanied by an adult

Saturday 10:00 AM – 10:50 AM

Lightning Bugs

(3 – 5 years)

Monday 6:30 PM – 7:20 PM

Wednesday 5:30 PM – 6:20 PM

SunBeams

(Ages 5-6 years)

To be announced

Twinkling Stars (Girls 5 – 8 years)

Monday 5:30 PM – 6:30 PM

Monday 6:30 PM – 7:30 PM

Wednesday 5:30 PM – 6:30 PM

Wednesday 6:30 PM – 7:30 PM

Saturday 10:00 AM – 11:00 AM

Sparkling Stars (Girls 5 -8 years)

Monday 5:30 PM – 7:30 PM

Wednesday 5:30 PM – 7:30 PM

Fireflies (Girls 9 & older)

Wednesday 6:30 PM -7:30 PM

Saturday 11:00 AM -12:00 PM

Gym Stars (Tumbling Class)

Wednesday 7:30 PM - 8:30 PM

Saturday 11:00AM – 12:00 PM

Comets (Boys 5 years and up)

Monday 5:30 PM – 6:30 PM

Monday 5:30 PM – 7:30 PM

Shining Stars (Girls 6 and older)

Must have instructor approval

Tuesday and Thursday 5:30 PM – 7:30 PM

Rising Stars (Pre-team)

Must have instructor approval

Tuesday and Thursday 5:30 PM – 7:30 PM

Shooting Stars Competitive Team

Tuesday and Thursday 5:30 PM - 7:30 PM

Saturday 10:00 AM - 2:00 PM

*NEW STUDENTS MAY JOIN AT ANY TIME.

*SCHEDULE CHANGES MAY BE MADE AS NECESSARY DUE TO ENROLLMENT NUMBERS, MEETS, ETC.